

Professional Counseling Referrals

The following is a list of recommended counselors in the community. Questions regarding fees and insurance need to be directed to the individual counseling offices.

For life threatening emergencies, **call 9-1-1** or **go to your nearest Emergency Room IMMEDIATELY!!**
For 24/7/365 crisis support, **call or text 9-8-8** to reach the [National Suicide and Crisis Lifeline](#).

Mental Health Urgent Care

Center for Health Care Services

24-hour Crisis, Screening, Evaluation and Intervention

601 N. Frio Street, Bldg 1, 78207

chcsbc.org

210-246-1303

Crisis Line: **210-223-7233**

Clarity Child Guidance Center

24-hour Mental Health Treatment for Kids and Teens

8535 Tom Slick, 78229

claritycgc.org

210-616-0300

Laurel Ridge Hospital

24-hour Crisis Assessment Outpatient & Inpatient for Kids, Teens, and Adults

17720 Corporate Woods, 78259

laurelridgetc.com

210-491-9400

SA Behavioral Healthcare Hospital

24-hour Mental Health Treatment for Kids, Teens & Adults

8550 Huebner Rd, 78240

sanantoniobehavioral.com

210-541-5300

Sigma Mental Health Urgent Care

18587 Sigma Rd., Ste 260, 78258

8 am-8 pm on weekdays

12-5 pm on weekends

sigmamhuc.com

210-314-4564

Christian Psychiatrists

Jeffrey Benzik, MD, PA

Adults

14800 San Pedro. Ste. 110,

SATX, 78232

prescribingwithcare.com

210-490-9850

Ted Williams, MD

Kids, Teens, and Adults

1380 Pantheon Way, Ste. 310,

SATX, 78232

genesisbehavioralhealth.org

210-404-9696

UeJin Kim, MD

Kids, Teens, and Adults

12030 Bandera Rd,

Ste 108-B, Helotes, 78023

restorepsych.com

830-271-9063

Amy Mulroy, MD, PA

Teens and Adults

11124 Wurzbach, Ste 305,

SATX, 78230

amymulroymd.com

210-692-1929

Professional Christian Counselors that attend Westover

Dacia Benton, LPC-S

Adults, teens, & families, trauma

4414 Centerville, Ste 106, 78228

inspire2bu.life

210-725-8702

Brooke Gilliland, MA, LPC, RPT, NCC

Hope and Resiliency Counseling

Adults, teens, kids, trauma, play therapy

18838 Stone Oak Pwky Ste 103

San Antonio, TX 78258

(210) 660-7510

Antonio "Tony" Navarro, LCSW

Marriage, Family, Addiction, Men's issues,

Gaming Disorder, Post Traumatic

Syndrome, Geriatric

Psychological/Emotional Disorders

9480 Huebner Rd. Ste 210, 78240

210-614-9595 (office)

210-347-5446 (cell)

Professional Christian Counselors – Known to Westover Staff

Steven Cervantes, LMFT, LPC

(Telehealth) Anxiety, Depression,

Men's Issues, Addiction, Faith

1162 E. Sonterra, Ste 130 A, 78258

hopecounseling.com

210-341-3525

Becky Davenport, LMFT-S, RPT-S

Kids, Adults, Parenting, Play Therapy

21015 Market Rdg, Ste 101, 78258

icfetx.com

210-496-0100

Nancy Franklin, LCSW, RPT

Kids, Parenting, Play Therapy

8310 Ewing Halsell, 78229

ecrh.org

210-616-0885

Clifton Fuller, LCSW, LPC, LMFT

Marriage, Family, PTSD

15303 Huebner Rd, Ste. 10, 78248

cliftonfuller.com

210-404-9001

Ginger Gray, LCSW

Abuse, Depression, Divorce, Stress

19115 FM2252, Ste 12, Garden Ridge,

78266

abidinghopecc.com

210-302-8576

Christine Miller, LPC

Trauma, EMDR, Teens, Women's issues

1201 S. Main St, Ste 201, Boerne, 78006

christiancounselingboerne.com

210-415-5985

Chriselda Santos, LPC-S

Relationships, self-esteem, depression

8627 Cinnamon Crk Dr. #401, 78240

lifebalancetherapy.org

Nick Wilkens, PhD, LMFT-S, LPC-S

Marriage, Family, Divorce, OCD

21015 Market Rdg, Ste 101, 78258

icfetx.com

Westover Hills Church provides the above information for **referral only** and is not meant to be a substitute for professional help. Additionally, this list is not meant to imply an endorsement by Westover Hills Church. Rev. 6/28/2023/ jmm

210-549-6663

210-496-0100

Professional Christian Counselors

John Beach, PhD

ADHD, Adolescents, Children, Family,
Military, PTSD, Psych Eval
2631 Bulverde, #108, Bulverde 78258
drjohnbeach.com
210-496-7373

Gene Benedict, LPC-S

**Marriage, Pre-marital, Domestic
Violence**, Family, Teens, Military
18587 Sigma Rd, Ste 220, 78258
genebenedict.com
210-316-5618

Brittany Coleman, LPC

Children, Divorce, Life Changes,
Parenting, Relationships
19115 FM 2252, Ste. 12, 78266
210-845-7949

Nancy Franklin, LCSW, RPT

Kids, Parenting, Play Therapy
8310 Ewing Halsell, 78229
ecrh.org
210-616-0885

Dale Schroeder, LMFT, LPC, LCDC

Addictions, Family, Marriage
15303 Huebner Rd, Ste. 10 78248
schroederfamilycounseling.com
210-834-2200

Celeste Inman, LPC, RPT

Kids, Parenting, Play Therapy
15110 Jones Maltsberger #102,
78247
210-602-2203

Pamela King, LMFT, LPC

Grief, Marriage, Adolescents, Family,
Faith/ Women's Issues,
13300 Old Blanco #307, 78216
pkingtherapy.com
210-885-5009

Sherri Lambiase, RN, LPC, CART, CCSAS

Cancer, Infertility, Sex Dysfunction, Sex
Addiction, Women's issues
540 Madison Oak #340, 78258
northsidefamilycc.com
210-789-7683

Professional Christian Counseling (*Reduced Fee*)

Ecumenical Center

Adults, Children, Teens
8310 Ewing Halsell, 78229
ecrh.org
210-616-0885

Forever Hope Counseling

Autism Spectrum, Marriage, Family,
Individual, Anxiety, Depression
21714 Hardy Oak Ste. 104, 78258
foreverhopecounseling.com
210-490-9062

Abiding Hope Institute

19115 FM 2252 #12,
Garden Ridge, 78266
abidinghopecc.com
210-236-7768

Community Counseling (*Reduced Fee*)

Family & Youth Success (FAYS)

Family, individual, and group
counseling for teens and parents.
Baptist Family and Children Services
discoverbcfs.net/FAYS/
210-283-5183

Community Family Life Center at UTSA

Free counseling in English or Spanish
501 W. César E. Chávez Blvd, 78207
education.utsa.edu/community-family-life-center/community_services/
210-458-2055

Presbyterian Children's Svcs

Free, counseling for families in
crisis
6355 Whitby Rd, 78240
210-422-1841

Clarity Child Guidance Center

Sliding scale, counseling for kids,
teens, & families
8535 Tom Slick, 78229
claritycgc.org
210-616-0300

Family Life Center

at St. Mary's University
Sliding scale, counseling for kids, teens,
adults & families
251 W. Ligustrum, 78228
stmarytx.edu/outreach/counseling
210-438-6411

St. PJ's Counseling Center

at St. PJ'S Children's Home
Sliding scale, kids & families
919 Mission Rd, 78210
stpjhome.org
210-533-1203

Community Counseling at OLLU

Adults, English or Spanish
590 N. General McMullen, Ste 3,
78228
ollusa.edu/community-counseling-service
210-434-1054

Jewish Family Service

Children, Adults, Relationships, Anger,
Psychiatry available
12500 NW Military Hwy, #250, 78231
1151 Mission Road, 78210
jfs-sa.org/mental-health-services
210-302-6920 (north)/ 210-533-1112 (south)

Children's Bereavement Center

Grief/ loss because of a family or
friend death
205 W Olmos Dr. 78212
cbcst.org
210-736-4847

Any Baby Can

217 Howard St. 78212
anybabycansa.org/services/
210-227-0170

